

**Community College Survey of Student Engagement - Pierce College District (2023 Administration)  
2023 Frequency Distributions - Custom Survey Items**

[Weighted]

			Your College	
Item	Variable	Responses	Count	Percent
6. At this college, I feel that students' mental health and emotional well-being is a priority.	COLLQ8756	Strongly Disagree	5	6.4
		Disagree	7	8.9
		Agree	46	60.0
		Strongly Agree	19	24.7
Total			77	100.0
7. Over the last 2 weeks, how often have you been bothered by having little interest or pleasure in doing things?	COLLQ8757	Not at all	31	39.2
		Several days	27	34.1
		More than half the days	11	13.7
		Nearly every day	10	13.0
Total			79	100.0
8. Over the last 2 weeks, how often have you been bothered by feeling down, depressed or hopeless?	COLLQ8758	Not at all	39	50.3
		Several days	21	26.8
		More than half the days	8	10.9
		Nearly every day	9	12.0
Total			77	100.0
9. Over the last 2 weeks, how often have you been bothered by feeling nervous, anxious or on edge?	COLLQ8759	Not at all	27	33.9
		Several days	31	38.8
		More than half the days	22	27.3
Total			79	100.0

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10. Over the last 2 weeks, how often have you been bothered by not being able to stop or control worrying?	COLLQ8760	Not at all	37	47.9
		Several days	21	27.1
		More than half the days	19	25.0
		Total	77	100.0
11. In the past 12 months, I have needed help for emotional or mental health problems such as feeling sad, blue, anxious, or nervous.	COLLQ8761	Strongly Disagree	22	28.0
		Disagree	8	10.2
		Neither agree nor disagree	48	61.8
		Total	77	100.0
12. If you needed to seek professional help for your mental or emotional health while attending this college, you would know where to go.	COLLQ8762	Strongly Disagree	9	11.4
		Disagree	12	15.8
		Neither agree nor disagree	18	22.8
		Agree	39	50.1
		Total	77	100.0
13. If you needed help for your mental health and emotional well-being in the past 12 months, how often have you sought such help?	COLLQ8763	Never	27	34.1
		Rarely	18	23.4
		Often	12	14.9
		Very often	8	10.4
		I have not needed help for my mental health and emotional well-being	13	17.2
		Total	78	100.0

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14. If you needed help with your mental health and emotional well-being, what would be the greatest barrier that would keep you from seeking that help?	COLLQ8764	Lack of resources (money, time, transportation)	37	47.4
		I worry about what others will think of me	9	11.1
		I do not know where to seek help	1	1.7
		I do not know what kind of help I need	11	14.4
		Other	20	25.4
Total			77	100.0
15. If you were experiencing emotional or mental health problems such as feeling sad, blue, anxious, or nervous, whom would you most prefer to talk to about this?	COLLQ8765	Trained mental health provider (e.g., psychiatrist, psychologist, counselor, or social worker, etc.)	47	61.8
		Someone who works at this college who is not a trained mental health provider	1	1.7
		Friend, partner, or family member	20	26.5
		Someone from your cultural community (identity-based, faith-based, etc.)	4	5.4
		Other	3	4.6
Total			75	100.0
16. If you were experiencing emotional or mental health problems such as feeling sad, blue, anxious, or nervous, which of the following supports from a trained mental health provider would you most prefer to use?	COLLQ8766	In-person, individual counseling or therapy	67	88.3
		In-person, group therapy or a support group	0	N/A
		Teletherapy (counseling or therapy via the phone, video, text, messaging)	8	10.9
		Peer counseling from a trained peer	0	N/A
		Crisis hotline (number to call or text during a mental health crisis to reach a trained responder)	1	0.8
Total			76	100.0

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17. If you needed help with your mental health and emotional well-being, how important is it to you that your mental health provider understands your cultural community (racial/ethnic identity, gender identity, religious identity, LGBTQIA+ identity, etc.)?	COLLQ8767	Not at all important	16	20.6
		Somewhat important	15	20.0
		Important	12	15.5
		Very important	16	21.2
		Absolutely essential	17	22.6
		Total	76	100.0
18. In the past 4 weeks, how many days have you felt that emotional or mental difficulties have hurt your academic performance?	COLLQ8768	None	30	39.0
		1-2 days	19	24.6
		3-5 days	13	16.6
		6 or more days	15	19.8
		Total	77	100.0
19. Please indicate your level of satisfaction with the buildings and grounds at Pierce College.	COLLQ8769	Very satisfied	52	68.5
		Somewhat satisfied	22	28.7
		Somewhat dissatisfied	2	2.8
		Very dissatisfied	0	N/A
		Total	77	100.0

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20. Please indicate your level of satisfaction with campus safety and security at Pierce College.	COLLQ8770	Very satisfied	42	55.8
		Somewhat satisfied	28	36.8
		Somewhat dissatisfied	5	6.0
		Very dissatisfied	1	1.3
		Total	75	100.0